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NEWS RELEASE

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SEASONAL FLU CLINICS OPEN
MAXIM HEALTH SYSTEMS OFFERS 35,000 CLINICS NATIONWIDE

September 30, 2009 –Maxim Health Systems announced today that its more than 35,000 seasonal flu clinics nationwide will be open by tomorrow, October 1. Maxim’s program aims to increase the number of people who get vaccinated, since the Centers for Disease Control and Prevention (CDC) has determined that it is the single most effective way to prevent the virus. A new Web site sponsored by Maxim, info.findaflushot.com, helps users quickly find convenient flu clinics based on zip codes, as well as educate themselves about the virus.

“While we wait for safety and efficacy studies on the new H1N1 vaccine, we should all be getting our flu vaccines as early as possible this fall. Please don't wait – get vaccinated when clinics open,” says Bonnie Offit, MD, FAAP, Children’s Hospital of Philadelphia.

Maxim will provide flu shot clinics this year at convenient retail locations, such as pharmacies, supermarkets, and other public venues. Finding the nearest location is as simple as typing in your zip code on info.findaflushot.com. This will provide the address, date, and times for flu shots at local clinics. The Web site also provides the latest news on influenza and links to other resources. For those who prefer to find a convenient location over the phone, Maxim provides a toll free number at 877-962-9358. A resource dedicated to questions about H1N1 (“Swine Flu”) is also available this year at h1n1.findaflushot.com, which is updated with information as it is made available.

Each year in the United States, an average of 5 percent to 20 percent of the population gets influenza, 200,000 people are hospitalized from complications, and about 36,000 people die from the illness. The CDC strongly encourages high-risk individuals to get vaccinated. This includes:

- Anyone who wants to reduce the risk of contracting the flu
- People who live with or care for those at high risk for complications from flu
- People at high risk of having serious complications from influenza, including:
 - All children from six months through 18 years of age
 - Pregnant women
 - People 50 years of age and older
 - People of any age with certain chronic medical conditions
- People who live in nursing homes and other long-term care facilities

“Flu season is here, and the CDC is recommending that more Americans than ever get vaccinated,” said Steve Pellito, National Director of Wellness for Maxim Health Systems. “Everyone who is at risk for complications from the flu and those who would like to reduce the likelihood of contracting the virus can visit our Web site at info.findaflushot.com to find a local seasonal flu shot clinic,” Pellito recommends.

Maxim provides flu shots to children aged 9 and older unless restricted by a state regulation or law. By calling the clinic site ahead of time (information also provided on the Maxim Web site), parents can verify that their children can receive the vaccine. For children under 9 years of age, parents should contact their pediatrician. Maxim accepts Medicare Part B with no co-pay required, when Medicare Part B is the primary insurance.

About Maxim Health Systems

Maxim Health Systems is a division of Maxim Healthcare Services, Inc. Established in 1996, Maxim Health Systems offers a full line of comprehensive wellness services to corporate and retail clients, in addition to schools, senior living facilities, and Physician offices. We provide a variety of services, including immunizations, health screenings, and health fairs. In 2008, our flu immunization program alone was responsible for vaccinating more than 2.5 million people at more than 44,000 clinics. Together with Maxim Healthcare Services, we have branch locations in most metropolitan areas across the nation. For more information contact us at <http://info.findaflushot.com/contact-us>.

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